

Optional Extra Support *Guide*

I offer optional extra meetings for more support as part of your starter programme. These can be offered in person **over Zoom** (or **at the clinic** for the same price). These are 1 hour sessions.

Type	Description	Zoom or Clinic Price (1hr session)
New Symptoms	To discuss any new symptoms and plan next steps	£30
Doctors/Hospital Appointments	To discuss an upcoming or review a recent doctors/hospital appointment.	£30
Protocol Planning & Mindset Coaching	We can look at planning, organisation, implementation and mindset coaching in this extra session to help you decide how to approach your protocol	£35
Functional Testing Results Interpretation	Detailed interpretation and naturopathic evaluation of your test results with report and extra protocol included for restoring balance and function	£45 for 1 set of results £65 for 2 sets of results £75 for 3 sets of results