



Terms of Engagement Consent Form

- Naturopathic nutritional therapy is not a substitute for professional medical advice. You, the client, should not cease conventional treatment or discontinue or alter the dosage of any medication without consulting your GP.
- All information including your personal and medical information you provide to Natalia Waring Nutrition is completely confidential and will be held in line with GDPR guidelines and not shared with any third parties.
- You, the client, are responsible for contacting your GP about any health concerns you may have. Please inform your GP you are working with a nutritional therapist.
- Natalia Waring Nutrition will ask your consent before writing to your GP.
- If you are unclear about any part of your plan, you should contact Natalia Waring Nutrition immediately for clarification.
- If you experience any new or worsening symptoms while on your plan, you should stop the plan immediately and contact your GP and Natalia Waring Nutrition.
- Your naturopathic plan will have a time-frame. Do not continue with the plan beyond this time-frame without speaking to Natalia Waring Nutrition first. This is to avoid any adverse reactions while you are not being monitored.
- All consultations take place in person at the Hereford clinic. Video consultations are not offered.
- Full payment for the programme is due before commencement of the programme.
- No advice will be offered before the commencement or outside of the programme.
- Standards of professional practice in Nutritional Therapy are governed by the CNHC Code of Conduct.

Signed (client signature):

Date:

Signed (practitioner signature):

Date: